

CORONAVIRUS: NEWSRAC Community Action Response

In the wake of the Government briefing, Ellastone, Wootton, Stanton Parish Councils and Ellastone Parish Hall committee have joined forces to launch our united NEWSRAC Community Action Response.

As the information about Coronavirus is ever-changing, we do advise that everyone should follow advice from the government and the NHS and keep up to date with any new developments.

For many people there will be a tough, but necessary period of physical separation. Many of us will miss family and friends and taking part in our hobbies, interests and activities. All regular group activities in the Parish Hall have been cancelled until further notice. Our aim is to encourage everyone to do what they can to support all members of our community during the Coronavirus pandemic and particularly vulnerable and isolated people.

We all perform different roles in our daily lives, but at this stressful time the role of good neighbour needs to be placed high on our priority list and as such we call on everyone to follow these five actions:

1. **Think of others, consider your actions & be kind:** Everyone in our community will face the challenges of this virus in some way – from adjusting to staying at home to needing basic provisions, medication and help while they are unwell.
2. **Connect and reach out to your neighbours:** as self-isolation looks set to increase, we need to find new ways to stay connected and check in on one another for our physical and mental wellbeing. Please share phone numbers and stay in touch. Remember though that self-isolation does not necessarily mean you have to stay indoors: we live in a beautiful area and just walking around the village is good for the soul! Walking with a distance of 2 metres between people is recommended.
3. **Support vulnerable or isolated people:** different groups in our NEWSRAC community are at increased risk, and physical separation and loneliness are key concerns for all ages. Give them a quick phone call, just to check that they are ok. Watch out for signs that all is not well, for example, have the bins been put out, are the curtains still closed?
4. **Share accurate information and advice:** support anyone who may be anxious by using the latest advice from the Government and the NHS, and encourage people to follow the correct hygiene practices.
5. **For those who use social networks,** make the most of our local online groups such as the Ellastone.org website, [Ellastone Facebook](#) page and [Nextdoor](#) - Keep up to date, share information, nice photos and be a positive part of the community conversations.

SERVICES THAT COME TO US: Milk & eggs can be ordered from our milkman Keith 01889 590807 or 07970 701335. Newspapers can be ordered from Mayfield 342983. The Post office comes to Ellastone Reading Room (by the Parish Hall) Mondays & Thursdays, 9.30-11.30. You can get cash out. Denstone Farm Shop will home deliver to the most vulnerable for free. You can email them your shopping or ring it through (01889 590050 option 5) and collect it packaged up from the car park – possible to pay by phone.

-The current situation is set to impact all of us in one form or another, and stronger local connections within our NEWSRAC community are vital to see this crisis out.~